

# What is the Child and Adult Care Food Program?

The Child and Adult Care Food Program (CACFP) was established to improve the meals and snacks served in child and adult day care settings.

Licensed family child care homes that are residences and licensed group child care homes can participate in the CACFP. Home child care providers are reimbursed for nutritious meals and snacks served to children. All child care homes are eligible for Tier II reimbursement rates. A higher rate (Tier I) will be paid to home providers who live in low income areas, have low income, or serve low income children.

The CACFP is administered by the Missouri Department of Health and Senior Services. For more information about the Child and Adult Care Food Program, write or call:

Missouri Department of Health and Senior Services  
Division of Community Health  
Community Food and Nutrition Assistance Unit  
P.O. Box 570  
Jefferson City, MO 65102  
573-751-6269  
800-733-6251  
or visit our website at  
<http://www.dhss.state.mo.us/MissouriNutrition/>

# What are the Eligibility Requirements?

- ✓ All family child care homes and group child care homes must be licensed by the Missouri Department of Health and Senior Services or a branch of the military.
- ✓ Family child care homes must be in provider’s own residence, the private residence of another, or a rented or unoccupied private residence.
- ✓ Family child care homes and group child care homes must join through a **sponsoring organization**.

# What is a Sponsoring Organization?

Sponsoring organizations are nonprofit or public organizations that contract with the Missouri Department of Health and Senior Services. They serve as sponsors for family child care homes. Their responsibilities are:

- ✓ Make at least three visits annually to family child care home and group child care providers, to observe meal service and program compliance.
- ✓ Check records such as menus, meal counts, and attendance records on a monthly basis.
- ✓ Train home providers on program requirements.
- ✓ Provide help to home providers in areas of nutrition, nutrition education, food preparation, and food sanitation.

- ✓ Determine if the sponsored providers are Tier I homes and determine which children are eligible for Tier I reimbursement.
- ✓ Submit claim information on a monthly basis to the Missouri Department of Health and Senior Services – Community Food and Nutrition Assistance Unit.
- ✓ Send payment to home providers in a timely manner.

A list of sponsoring organizations is included in this brochure. Services provided by the sponsoring organization may include other services in addition to those listed above.

# Child Care Home Responsibilities

- ✓ Serve meals meeting program requirements.
- ✓ Claim no more than two meals and one snack for each child in attendance per day.
- ✓ Keep accurate meal count and daily attendance records on a per child basis.
- ✓ Keep accurate records of all menus served.

# FAMILY CHILD CARE HOME SPONSORING ORGANIZATIONS AS OF SEPTEMBER 2003

Allen Chapel AMEC  
P.O. Box 300735  
Kansas City, MO 64130  
877-924-6302 (toll free)  
816-924-6302  
[knapmp.accfp@sbeglobal.net](mailto:knapmp.accfp@sbeglobal.net)

American DC Mgmt.  
9806 Lydia  
Kansas City, MO 64131  
816-942-2545  
[Mccrorym6@aol.com](mailto:Mccrorym6@aol.com)

Child Day Care Assn.  
4236 Lindell Blvd.  
Suite 300  
St. Louis, MO 63108  
800-467-2322  
314-531-1412  
[chris@childcarestl.org](mailto:chris@childcarestl.org)

Child Nutrition Service, Inc.  
P.O. Box 28070  
Kansas City, MO 64188  
800-531-9209  
816-453-8700  
[child\\_nutrition\\_serv@hotmail.com](mailto:child_nutrition_serv@hotmail.com)

Council of Churches of the Ozarks, Inc.  
1531 E. Sunshine,  
Suite E1  
Springfield, MO 65804  
800-818-6812  
417-865-8427  
[Rebecca@ccfpfood.com](mailto:Rebecca@ccfpfood.com)

Delta Area Economic Corp.  
99 Skyview  
Portageville, MO 63873  
800-748-8320  
573-379-3851  
[rcoffey@daeoc.com](mailto:rcoffey@daeoc.com)

KCMC Child Dev. Corp.  
1730 Prospect,  
Suite 200B  
Kansas City, MO 64127  
888-848-3224  
816-231-4670  
[margaret.kcmc-fcc@gabs.net](mailto:margaret.kcmc-fcc@gabs.net)

NEMO Community Action Agency  
P.O. Box 966  
Kirksville, MO 63501  
800-737-3165  
[corbett@nmcaa.org](mailto:corbett@nmcaa.org)

Ozark Nutrition, Inc.  
PO Box 54  
Rolla, MO 65402  
573-364-0213  
[oni@fidnet.com](mailto:oni@fidnet.com)

South Side Day Nursery  
2930 Iowa Ave.  
St. Louis, MO 63118  
314-865-0322  
[mlevine@ssdn.org](mailto:mlevine@ssdn.org)

YWCA of St. Joseph  
304 North 8<sup>th</sup> St.  
St. Joseph, MO 64501  
800-404-9922  
816-232-4481  
[ywcal@ccp.com](mailto:ywcal@ccp.com)

**Missouri Department of Health and Senior Services  
Child and Adult Care Food Program**

<b>FOOD CHART – CHILDREN<sup>1</sup></b>		<b>AGE 1 up to 3</b>	<b>AGE 3 up to 5</b>	<b>Age 6 up to 12</b>
<b>BREAKFAST</b>	Fluid Milk	½ cup	¾ cup	1 cup
	Juice or Fruit or Vegetable	¼ cup	½ cup	½ cup
	Bread or Bread Alternate	½ slice or 1 serving	½ slice or 1 serving	½ slice or 1 serving
<b>SNACKS</b> (Serve 2) <sup>2</sup>	Fluid Milk	½ cup	½ cup	1 cup
	Juice or Fruit or Vegetable	½ cup	½ cup	¾ cup
	Meat or Meat Alternate	½ oz.	½ oz.	1 oz.
	Bread or Bread Alternate	½ slice or 1 serving	½ slice or 1 serving	½ slice or 1 serving
<b>LUNCH/ SUPPER</b>	Fluid Milk	½ cup	¾ cup	1 cup
	Meat or Poultry or Fish or Cheese or Egg	1 oz.	1 ½ oz.	2 oz.
	Cooked Dry Beans or Peas or Peanut Butter	1 ¼ cup 2 tblsp.	1 3/8 cup 3 tblsp.	1 ½ cup 4 tblsp.
	Vegetables and/or Fruits <i><b>Must serve at least 2 different varieties<sup>3</sup></b></i>	¼ cup	½ cup	¾ cup
	Bread or Bread Alternate	½ slice or 1 serving	½ slice or 1 serving	½ slice or 1 serving
<sup>1</sup> CACFP Food Chart is the same as the Department of Health and Senior Services’ licensing requirements. <sup>2</sup> Juice may not be served if milk is the only other component at snack. <sup>3</sup> A minimum of 1/8 cup each must be served.				

Missouri Department of Health  
and Senior Services  
Division of Community Health  
Bureau of Community Food  
and Nutrition Assistance  
P.O. Box 570  
Jefferson City, MO 65102  
573-751-6269  
800-733-6251  
[www.dhss.state.mo.us/cacfp/](http://www.dhss.state.mo.us/cacfp/)

***Have you heard  
about the  
Child and Adult Care  
Food Program?***



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

EEO/AAP services provided on a non-discriminatory basis.

***Building Good Nutrition  
Through Child  
Care Homes***